

If people practised Wu-Wei in the right spirit, work would lose its coercive aspect. It would be undertaken not for its useful results but for its intrinsic value. Instead of being avoided like the plague, work would be transformed into spontaneous and meaningful play.

Taoism & Anarchism

Segunda Sesión (fragmento)

Thirty-seven
Tao abides in non-action,
Yet nothing is left undone.
If kings and lords observed this,
The ten thousand things would develop naturally.
If they still desired to act,
They would return to the simplicity of formless substance.
Without for there is no desire.
Without desire there is.
And in this way all things would be at peace.

Forty-three
The softest thing in the universe
Overcomes the hardest thing in the universe.
That without substance can enter where there is no room.
Hence I know the value of non-action.
Teaching without words and work without doing
Are understood by very few.

Forty-eight
In the pursuit of learning, every day something is acquired.
In the pursuit of Tao, every day something is dropped.
Less and less is done
When nothing is done, nothing is left undone.
The world is ruled by letting things take their course.
It cannot be ruled by interfering.

Eighty-one
... The Tao of the sage is work without effort.

Tao Teh Ching , by Lao Tzu, 6th Century BC.



8 natural handstands
Robert Kinmont



